

MENTAL HEALTH FIRST AID TRAINING

For Healthcare Employees in Dane County

Identify. Understand. Respond.

Mental Health First Aid USA is an evidence-based training that teaches participants how to identify, understand and respond to someone who is experiencing a mental health or substance-use challenge.

Virtual Mental Health First Aid Training Offered English:

- **(2-day) Dec. 3rd & 4th**, 1pm-4pm both days
- **Thursday, Jan. 9th**, 9am-4pm with a lunch break at Noon
- **Saturday, Jan. 11th**, 9am-4pm with a lunch break at Noon
- **(2-day) Jan. 15th & 16th**, 9am-12pm both days
- **(2-day) Jan. 21st & 23rd**, 6pm-9pm both days

Spanish:

- **Thursday, Dec. 5th**, 9am-4pm with lunch break at Noon
- **Wednesday, Jan. 22nd**, 9am-4pm with a lunch break at Noon



Scan the QR code to register
and reserve your spot.



This course is valued at \$170. Thanks to funding provided by the Mental Health and Trauma Recovery Grant, learners may attend at no charge.

communityactioncoalition
FOR SOUTH CENTRAL WISCONSIN

power in unity. action in the community.

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Community Action Coalition for South Central Wisconsin is a nonprofit working to end poverty and help people live better lives. We're collaborators who apply innovative, targeted strategies to identify and serve the areas of greatest need.