

## The Community Action Communique

### October 2022



### Winter Glow Distribution Events

The week of October 10 will wrap up our coat collection for Winter Glow. You can see the donation sites [here](#). Thank you to Klinke Cleaners and Lake Mills Cleaners for agreeing to clean all coats that are donated to us during this year's coat collection. If you would like to contribute, but can't make it to one of the collection sites, please take advantage of our [Amazon Wish List](#).

We will have four distribution events this year:

- **Thursday, October 27**, 12:00-6:00 pm, at 1902 Wright St, Madison
- **Friday, October 28**, 12:00-6:00 pm, at 1902 Wright St, Madison

### Contact Us

(608) 237-1255

[CAC@cacscw.org](mailto:CAC@cacscw.org)

[Click here to Apply Online](#)

*Office Locations:*

4101 E. Towne Blvd (Madison)

118 S. Main St. (Jefferson)

327 E. Broadway (Waukesha)

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### Are you behind on your rent?

You may be eligible for Rental Assistance. To learn more, click on the county where you live below:

[Dane County](#)

[Jefferson County](#)

[Waukesha County](#)

[Other](#)

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### How are we doing?

[Click here](#) to complete a short Customer Satisfaction survey.

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Lane, Johnson Creek

- **Friday, November 11**, 12:00-6:00 pm, at Housing Action Coalition, 1210 Sentry Dr, Waukesha

Registration is required for attendees. You can do so at the CAC website by clicking the button below. Remember, this event is for the adults and children to get winter clothes, such as coats, hats, gloves and scarves.

Volunteers are also needed, so please reach out to [jeremyo@cacscw.org](mailto:jeremyo@cacscw.org) to express when you would like to volunteer and assist with the distribution event.

### Register for Winter Glow



### Winter Glow Distribution

- Thursday, October 27, 12:00-6:00 pm, at 1902 Wright St, Madison
- Friday, October 28, 12:00-6:00 pm, at 1902 Wright St, Madison
- Friday, November 4, 12:00-6:00 pm, at Johnson Creek Premium Outlet, 275 Linmar Lane, Johnson Creek
- Friday, November 11, 12:00-6:00 pm, at Housing Action Coalition, 1210 Sentry Dr, Waukesha

**2022 CAC Rewind**, Thursday, November 17, 6:30-8:00 pm, site TBD

**Rise Up Summit**, Thursday, March 16, Brookfield Conference Center



On **Thursday, October 6**, community partner Bierock will host their fall seasonal charitable event series, teaming up with the CAC for a Winter Coat Drive.

Customers are encouraged to drop off warm coats or jackets or financial donations on the night of Thursday, October 6 from 6:00 to 8:00 p.m. at Bierock.

Everyone that donates a coat will receive 15% off their bill. Please support this partner, while also supporting CAC and Winter Glow.

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## Summer Shine Recap

This past Summer CAC was able to host nine Summer Shine events, three each in Dane, Jefferson and Waukesha County. Our goal with this program was to distribute Household Cleaning Supplies, Personal Care Products, Diapers, Feminine Hygiene Supplies, Food Boxes for Seniors, and School Supplies and Backpacks in Jefferson and Waukesha Counties.

Through these nine events, we were able to support **718 households**, which contained **over 3,000 adults and children**. We distributed **over 1,200 backpacks** with school supplies to the school-aged children who attended our Summer Shine events.

Thank you to everyone who hosted Summer Shine, allowing CAC to provide these needed items to these families and their children.



## Stockboxes

Community Action Coalition (CAC) is working to make sure everyone, especially seniors, has enough food. After a lifetime of hard work, many seniors find themselves dealing with health issues and on a fixed income. COVID-19 and increasing grocery prices have led to a higher demand for help from food banks.

To address the growing need for food assistance among senior citizens, CAC has relaunched the **Stockbox** program.

This program provides low-income seniors 60 years of age or older whose total income does not exceed the listed guidelines with approximately 40

lives. This ensures that seniors have the food they need for good health and well-being. It frees up their already limited resources for other critical expenses.

A Dane County resident shares his experience with our program: “My dad’s social security does not cover his rent. He receives food stamps, but they don’t go very far anymore. The Stockbox program has been a blessing to my dad and his neighbors.”

Registration for this program is easy. A form must be completed by each individual senior that wants to receive a box. The senior must go to one of our partner agencies that distribute the boxes and sign-up at that location. They must bring with them their proof of age and proof of income to show that they are at least 60 years of age and that they fall within the requisite income guidelines for eligibility. Once registered, participants will have the opportunity to name a proxy or proxies to pick up their food boxes when they are not able to do so.

To learn more about how you or someone you love can enroll in this program, go to our website or call us at **(608) 237-1255**.

[Enroll in Stockboxes](#)

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## Community Needs Assessment

The Community Action Coalition for South Central Wisconsin Community Needs Assessment is a report which aims to better understand the gaps

within this report. We are thankful for the CAC Board of Directors; Plans, Program and Development Committee; and local community partner agencies for their active involvement and continued support and guidance. Above all, we are deeply grateful to the people who participated in our community needs assessment process and the Wisconsin Department of Children and Families Community Services Block Grant for financial support. We especially want to thank the individuals who took the time to complete the 2022 Community Needs Assessment household survey, as well as the individuals who completed the community partners/key sectors survey.

You can read this year's Community Needs Report on our [website](#).

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## MIREPOIX (SOUP BASE)

*Servings: N/A | Prep Time: 20 min | Total Time: 30 min*

### Ingredients:

- 4 carrots, peeled
- 4 stalks celery
- 1 whole onion
- 4-6 cloves garlic (optional)
- 4-5 tbsp. olive oil

### Directions:

- Peel and cut off carrot ends.
- Cut carrots in half lengthwise, then in half again.
- Dice the thin strips of carrot.
- Repeat process with celery stalks.
- Dice the onion (and garlic, if applicable).
- Add all vegetables to a bowl and mix.
- Heat large frying pan to medium heat.
- Once hot, add olive oil and butter.
- Stir in vegetable mix and lower temperature to medium low.
- Cook, stirring frequently, for 15-20 minutes, or until onions start to become translucent to "sweat" the flavors.
- Use as a base for any number of soups/stews.

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## CHICKEN SOUP (NOODLES OPTIONAL)

Servings: 8-10 | Prep Time: 45 min | Total Time: 1 hr, 45 min

### Ingredients:

- 4 carrots, peeled
- 4 stalks celery
- 1 whole onion
- 4-6 cloves garlic (optional)
- 4-5 tbsp. olive oil
- 1 whole rotisserie chicken
- 1 bay leaf (optional)
- Seasonings: salt, pepper, dill, thyme, oregano, sage
- 2 32oz. containers of broth

### Directions:

- Start by making the mirepoix (soup case) in a large pot.
- While that cooks, pull meat and skin off chicken and put into a large bowl for later use.
- When mirepoix is ready, stir in pulled chicken.
- Add chicken broth; turn heat to medium high and stir.
- Cover until boiling; once boiling, turn heat down to a simmer, medium low.
- Cover and let simmer for at least an hour, stirring occasionally.
- For chicken noodle soup, par-boil a whole bag of egg noodles (about 6 min.) and add in for the last 10 min. of cooking and stir.
- Scoop into bowls and enjoy.

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